

> DAY 1

Take the Mindset Scan



Some people believe that you are born with or without certain skills. Others believe that you can become better at anything through hard work and effort. Let's find out what you think. THIS IS NOT A TEST!

It is an opinion survey about your beliefs, goals, and thoughts on intelligence.

through hard work and effort. Let's find out what you think. > Decide how much you agree or disagree with each statement. Circle and write your answer.		RATING Choose a number on the left to agree or on the right to disagree.						
		Agree a lot	Agree	Agree a little	Disagree a little	Disagree	Disagree a lot	PROFILE NUMBER
A	No matter how much intelligence you have, you can always change it a good deal.	6	5	4	3	2	1	
В	You can learn new things, but you cannot really change your basic level of intelligence.	1	2	3	4	5	6	
С	I like my work best when it makes me think hard.	6	5	4	3	2	1	
D	I like my work best when I can do it really well without too much trouble.	1	2	3	4	5	6	
E	I like work that I'll learn from even if I make a lot of mistakes.	6	5	4	3	2	1	
F	I like my work best when I can do it perfectly without any mistakes.	1	2	3	4	5	6	
G	When something is hard, it just makes me want to work more on it, not less.	6	5	4	3	2	1	
Н	To tell the truth, when I work hard, it makes me feel as though I'm not very smart.	1	2	3	4	5	6	
		> Add up all the profile numbers and write the total.						TOTAL